

registry

"Fairmont Stripe" queen sheet set, \$99.99, comforter, \$150, European shams, \$49.99 each, and "Mr. & Mrs." pillows, \$39.99 each, Kate Spade New York; bedbathandbeyond.com. Queen fleece blanket, \$128, garnethill.com. "Urban Rose" tableware, mikasa.com. "Callisto" tray, Shiraleah; rshcatalog.com.

snuggle up

Studies show (or they should!) that bedding is the secret to a happy marriage. Our tips will get you tumblin' in style.



GET THE SCOOP ON ALL YOUR BED-TOP BASICS—SHEETS, PILLOWS, BLANKETS & MORE!

what's your STYLE?

There's a whole world of bedding out there. Dress your matrimonial mattress in a pattern that plays to your personalities.

these babies will keep you snug for many winters to come



WARM UPS

CUDDLE WITH YOUR CUTIE UNDER ONE OF THESE FAB BLANKETS

- 1. Throw blanket** | Good for accenting the foot of the bed and adding a little extra warmth. Cashmere throw, \$198, wshome.com.
- 2. Cotton blanket** | The lightweight open weave breathes, so you won't overheat. It also layers well with heavier covers. Pastel full/queen, \$50, companykids.com.
- 3. Wool blanket** | Back in the day, this natural insulator came exclusively with "dry-clean only" tags. But today, many wool blankies (like this one) can be washed at home. "Eco-Wise" queen, \$178, Pendleton; garnethill.com.
- 4. Fleece blanket** | Hypoallergenic, supercozy, and deliciously plush, it's just the thing for snuggling. "Vellux" queen, \$26.99, jcp.com.
- 5. Down-filled blanket** | Thinner than a duvet but still totally toasty. "Essential" double/queen, \$158, garnethill.com.



CLASSIC // Your entire house is one timeless decor statement. "Azure" queen sheet set, \$99.99, and decorative pillow, \$49.99, Simply Vera Wang; kohls.com.



BOHO // You adore bold hues and global motifs. "Tangka" standard sham, \$135, queen flat sheet, \$200, and standard pillowcases, \$135 for two, Natori; bloomingdales.com.



MOD // Groovy graphics do it for you two. "Samovaari" standard pillow shams, \$39.95 each, and full/queen duvet cover, \$129, Marimekko for Crate & Barrel; crateandbarrel.com.



ROMANTIC // A couple of lovebirds like you demand a design that's one part fantasy and two parts tradition. "Chinoiserie" full/queen duvet set (as shown), \$280, dwellstudio.com.

sheet glossary

THREAD COUNT refers to the number of threads per square inch. Go for at least 200. (There's no need for more than 400.) Feel and durability depend mostly on cotton quality: Look for 100 percent Egyptian, supima, or pima.

PERCALE sheets are smooth and crisp—think fancy hotel.

SATEEN sheets look lustrous and are satiny to the touch.

FLANNEL sheets feel fuzzy and cozy.

MICROFIBER sheets are ultrathin and dry quickly; go to sheex.com for options that wick moisture from skin.

pillow talk

THE BEST PLACE TO LAY YOUR HEAD DEPENDS ON YOUR SNOOZING STYLE



{ BACK }

Choose a semifirm pillow of medium loft. This pick will go a long way toward supporting those neck muscles and keeping your spine properly aligned.



{ SIDE }

Pick a firm pillow that's contoured with a mound that fills the space between your shoulder and ear—often called a "side sleeper."



{ STOMACH }

Opt for a soft and low pillow. This shape will position your head at a comfortable angle and relieve pressure on both your neck and your back.



SLEEPER HITS

Bedding designs change seasonally, which means the pattern you register for today may not be available in six months. Enter **evergreen collections, designs with a long on-shelf life** that can be bought way before (and after) the wedding. (That's one at left!)

"Lauren Suite" cotton glen-plaid throw pillow, \$89.99, navy-edged standard sham, \$79.99, and paisley Euro sham, \$89.99, ralphlauren.com.

{TIP} No more fights over climate control! Register for a **couples comforter** (scandiadown.com), which lets you customize each side to be exactly as warm as you (and he!) want.

making the newlywed bed

What to think about when building a bedding wish list

1 quantity | Register for three sets of sheets: two for your bed (so it won't go bare on laundry day) and one for the guest bed.

2 care | If you prefer to wash your bedding yourself, be sure to read the tags: While most is machine-washable, some blankets still need to go to the dry cleaner.

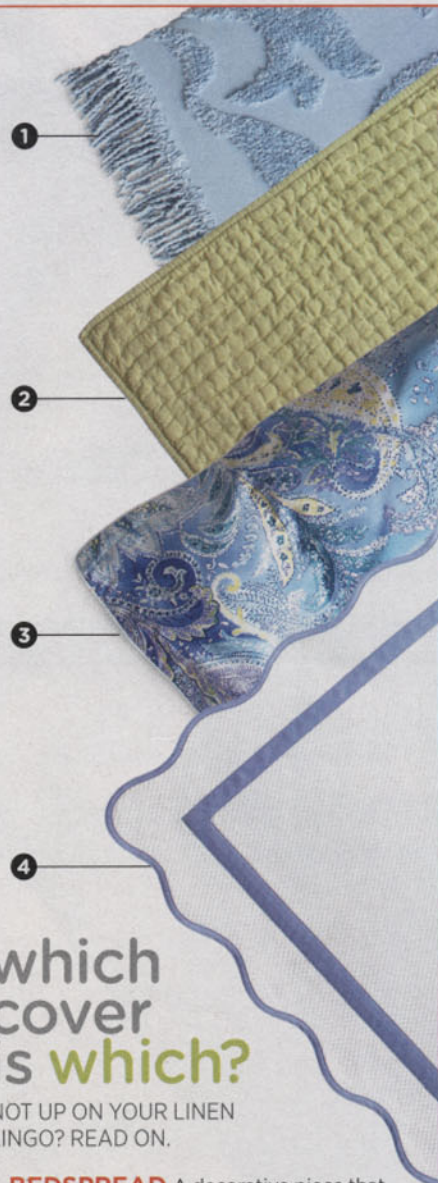
3 upgrades | Not planning to register for a new mattress? Consider adding a featherbed or mattress pad to your list. These underlayers cradle your body to give you more restful sleep and absorb movement, so he won't disturb you when he rolls over.



we're loving...

POTTERYBARN.COM'S "DESIGN YOUR OWN BED" TOOL

Start by choosing your on-screen room color, then go to town mixing and matching sheets, shams, quilts, and duvets. Try out lots of combos until you find the perfect look. HGTV, here you come!



which cover is which?

NOT UP ON YOUR LINEN LINGO? READ ON.

1. BEDSPREAD A decorative piece that extends to the floor and covers the entire bed, including the pillows; most folks take it off before they hit the hay. Get one for a cool vintage vibe. "Chantilly" queen bedspread, \$150, Cody Direct; macys.com.

2. QUILT A warm, homey cover made of two layers of fabric stitched together and filled with batting. Available in solid colors or with intricate designs. "Pick-Stitch" full/queen quilt, \$179, potterybarn.com.

3. DUVET & COVER Filled with down, feathers, or synthetic fibers, duvets are super-snuggly. Use one with a washable cover and you won't need a top sheet. "Jamaica Paisley" full/queen duvet cover, \$300, ralphlauren.com.

4. COVERLET Smaller than a bedspread and lighter than a quilt, this purely prettifying layer is often used atop blankets for a finished look. Remove before sleeping. "Mercer" full/queen coverlet, \$529, matouk.com.